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**VIRTUAL HEALTH CONCIERGE OFFERS TRUE HEALTH
TO THE FAST AND FURIOUS**

**Online Holistic Health and Living Expertise at Wellness with Rose Transforms
From Anywhere in the World**

(Los Angeles, CA April 1, 2009) -- In today's world where a quick mind, a fast plane and a speedy email response is standard operating procedure, taking the time to fuel our bodies for vitality often doesn't make the "to do" list. Ironically enough, the internet is making optimal health easy to obtain anywhere in the world with the launch of a virtual - and natural - health concierge called Wellness with Rose (www.RoseCole.com). A Certified Natural Health Professional and Certified Nutrition Consultant, Rose Cole's 10 Week Transformation programs, books, teleseminars, webinars and international nutrition counseling service is available anywhere in the world and is designed so that even the busiest of busy can heal health problems and bolster their body's vibrancy; even while at warp speed.

The 10-week programs start with an initial blood and hormone test (at any clinic near you), the results of which are a personalized blueprint from which Cole customizes each client's health roadmap and guide. The service includes a content-rich and invaluable 40-minute per week phone counseling with Cole. Each client is mailed all necessary supplements and internet-based teleseminars, webinars and other resources are available on her website 24/7. Based on her own personal journey that turned a sickly, psoriasis-covered woman into a nationally recognized natural health practitioner, Cole's holistic programs are engineered to create balance that automatically sheds unwanted weight, helps to create stunning mind clarity, promotes the elimination of lethargy -- all without any dieting.

"I created this virtual business model to help more people than I could personally see in one day," says Cole. "I have hundreds of clients all over the world who are getting customized natural health care and the results are astounding. Interestingly enough, the virtual nature of this business does not compromise the level of care, because each program is based on a person's blood makeup and a customized path that gets their own body to do what it's meant to do to create optimal health."

Cole's programs include Anti Aging Skin Therapy, Diet Plans, Weight Management, Natural Hormone Balancing Therapy, Natural Stress Management and Psoriasis Management and utilize Nutritional Blood Work Analysis, Hormone Saliva Testing, Parasite and Yeast Testing, Homeopathy, Stress Level Testing and Customized Supplement Recommendations.

Rose Cole is a natural health advocate and speaker on holistic living (www.RoseCole.com) whose cutting edge virtual personal nutritional counseling company changes the lives of clients all over the world by balancing their body chemicals to self heal with astounding results. The fresh new face of holistic living and vital longevity has appeared on stage with self improvement gurus from Harv Ecker to David Kekich and life changing presentations at the Health Conference Holistic Summit. Through special engagements and her collection of Wellness With Rose books, virtual coaching programs, CD and DVD programs she provides the ultimate passport to vital health that results in effortless weight loss, limitless energy and a superior education in how to avoid disease. Her methodology addresses the root causes of why the body creates excess weight, depression, disease or just a lack luster performance.